

## **Specialised Vocational Coaching 2024**

### **Mondays**

12.30-3pm Body Conditioning, Technical Class, Pointe/Variation Coaching

3-4.30pm Contemporary Private Coaching (optional)\*

3-4pm Classical Private Coaching\*

4.30-5.30pm Contemporary Class\*

5.30-6.30pm Contemporary Private coaching

### **Wednesdays**

1.30-4.30pm Private Coaching\*

4.30-6.30pm Technical Class & Pointe

6.30-7.30pm Character

### **Thursdays**

11-2.30pm Technical Class, Pointe & Variation Coaching

2.30-4pm Classical Private Coaching\*

### **Fridays**

9-2.30pm Body Conditioning, Technical Class, Pointe Class, Variation Coaching

2.30-4.30pm Private Coaching\*

### **Saturdays**

12-1.30pm 10-12yr Coaching (Optional Extra SC 1-3 students, included free of charge in fees)

1.30-2.15pm Body Conditioning

2.15-4.15pm Class & Pointe

## SC Programs

SC 1 - All coaching programs

SC 2 - Wednesdays, Thursdays, Fridays & Saturdays

SC 3 - Mondays, Wednesdays, Fridays & Saturdays

SC 4 - Mondays, Fridays & Saturdays (12-4.15pm)

SC 5 - Mondays, Wednesdays & Saturdays (12-4.15pm)

(SC 4&5 Programs are only available to students aged 11-12yrs. Students are to attend the 10-12yr Saturday coaching)

\*Private coaching incurs an additional fee

*Acceptance upon successful audition.*

- ❖ *Student numbers are capped at 8, with each student who trains for a minimum of 11hrs per week, offered 1hr of private classical coaching and 30 mins of private contemporary per week\*.*
  
- ❖ *Private Coaching is available to those students who only train classically with CCC, except for the Australian Ballet School ITP Program*
  
  
- ❖ *Assessments - Classical, Contemporary and Character*
  
  
- ❖ *Performance and Competition Opportunities National and International*
  
  
- ❖ *Recommended age of students 11-16yrs*